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(71) Applicants (for all designated States except US): GENENTECH, INC. [US/US]; 460 Point San Bruno Boulevard, South San Francisco, CA 94080 (US). AUCKLAND UNISERVICES LIMITED [NZ/NZ]; 20 Symonds Street, Level 6, Private Bag 92019, Auckland 1 (NZ).		Published With declaration under Article 17(2)(a). Without abstract; title not checked by the International Searching Authority.																						
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<table border="1"> <caption>Neuronal loss score data (estimated from chart)</caption> <thead> <tr> <th>Region</th> <th>Vehicle (Hatched)</th> <th>TGF-<math>\beta_1</math> 0.05 <math>\mu</math>g (Solid)</th> </tr> </thead> <tbody> <tr> <td>Hippoc. CA1-2</td> <td>~95</td> <td>~10</td> </tr> <tr> <td>Hippoc. CA3</td> <td>~95</td> <td>~10</td> </tr> <tr> <td>Hippoc. CA4</td> <td>~95</td> <td>~10</td> </tr> <tr> <td>Dentate Gyrus</td> <td>~95</td> <td>~10</td> </tr> <tr> <td>Pyriform Cortex</td> <td>~95</td> <td>~10</td> </tr> <tr> <td>Lateral Cortex</td> <td>~95</td> <td>~10</td> </tr> </tbody> </table> <p>Neuronal loss score x +/- sem</p>				Region	Vehicle (Hatched)	TGF- $\beta_1$ 0.05 $\mu$ g (Solid)	Hippoc. CA1-2	~95	~10	Hippoc. CA3	~95	~10	Hippoc. CA4	~95	~10	Dentate Gyrus	~95	~10	Pyriform Cortex	~95	~10	Lateral Cortex	~95	~10
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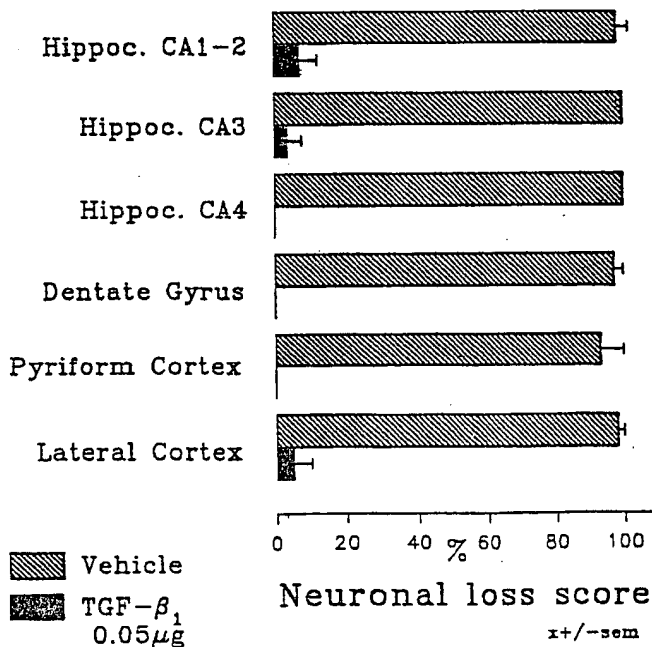
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## TGF-BETA TO IMPROVE NEURAL OUTCOME

FIELD OF THE INVENTION

This invention relates to methods and pharmaceutical compositions for the treatment or  
5 prevention of central nervous system (CNS) damage and relates particularly to methods of  
treatment comprising increasing the concentration of transforming growth factor beta 1 (TGF- $\beta$ 1)  
and/or analogues thereof in the central nervous system of the patient to treat an injury or disease  
that causes damage to cells of the CNS.

10 BACKGROUND OF THE INVENTION

After asphyxial, traumatic, toxic, infectious, degenerative, metabolic, ischemic or hypoxic  
insults to the central nervous system (CNS) of man a certain degree of neural damage may result.  
For example, such neural damage can occur in cases of perinatal asphyxia associated with  
intrapartum fetal distress such as following abruption, cord occlusion or associated with  
15 intrauterine growth retardation; perinatal asphyxia associated with failure of adequate resuscitation  
or apnea; severe neural insults associated with near miss drowning, carbon monoxide inhalation,  
ammonia or other gaseous intoxication, cardiac arrest, collapse, coma, meningitis, hypoglycemia, or  
status epilepticus; episodes of cerebral asphyxia associated with coronary bypass surgery;  
cerebral anoxia or ischemia associated with stroke, hypotensive episodes, hypertensive crises;  
20 cerebral trauma; or cerebral degenerative diseases such as Alzheimers disease and multiple  
sclerosis.

Such neural damage can involve several different cell types of the CNS. For example,  
periventricular leucomalacia, a lesion which affects the periventricular oligodendrocytes is generally  
considered to be a consequence of hypoxicischemic injury to the developing preterm brain. Bejar,  
25 et al., Am. J. Obstet. Gynecol., 159:357-363 (1988); Sinha, et al., Arch. Dis. Child., 65:1017-  
1020 (1990); Young, et al., Ann. Neurol., 12:445-448 (1982). Further cholinergic neuronal cell  
bodies are absent from most regions of the cortex in primates (Mesulam, et al., Neurosci., 12:669-  
686 (1984)) and rats (Brownstein, et al., in Handbook of Chemical Neuroanatomy, Classical  
Transmitters in the CNS, pp. 23-53 (Elsevier, 1984)). Damage to the cerebral cortex by trauma,  
30 asphyxia, ischemia, toxins or infection is frequent and may cause sensory, motor or cognitive  
deficits. Glial cells which are non-neuronal cells in the CNS are necessary for normal CNS  
function. Infarcts are a principle component of hypoxic-ischemia induced injury and loss of glial  
cells is an essential component of infarction. Multiple sclerosis is associated with loss of myelin  
and oligodendrocytes, similarly Parkinson's disease is associated with loss of dopaminergic neurons.  
35 Several growth factors have been reported to be induced after transient hypoxic-ischemia in  
the brain. After postasphyxial seizures, the proto-oncogene c-fos is induced in surviving neurons  
and in glial cells from infarcted regions. Gunn, et al., Brain Res., S31:105-116 (1991). Nerve  
growth factor (NGF) synthesis is increased after hypoxia or seizures in the hippocampus and

cerebral cortex. Lorez, et al., Neurosci. Lett., 98:339-344 (1989); Gall, et al., Science, 245:758-761 (1989). However, little is known of the role of cytokines in brain injury. Glial cells have been shown to produce a number of cytokines including interleukin 3 (IL-3) and interleukin 6 (IL-6). Interleukin 1 (IL-1) has been reported to be elevated in cerebrospinal fluid after head injury in humans. McClain, et al., J. Lab. Clin. Med., 110:48-54 (1987).

Transforming growth factor beta (TGF- $\beta$ ) is another example of a cytokine and is a multifunctional polypeptide implicated in the regulation of cellular or tissue response to injury or stress. For a general review of TGF- $\beta$  and its actions, see Sporn, et al., Science, 233:532-534 (1986); Sporn et al., J. Cell Biol., 105:1039-1045 (1987); Sporn, et al., Nature, 323:217-219 (1988); and Sporn, et al., in Peptide Growth Factors and Their Receptors I, pp.419-472 (Springer-Verlag, 1990). TGF- $\beta$  is found in various mammalian tissues, such as bone, platelets, and placenta, and methods for purifying the polypeptide from such natural sources, as well as for producing it in recombinant cell culture, have been described. See, for example, Assoian, et al., J. Biol. Chem., 258:7155-7160 (1983); Frolik, et al., Proc. Nat. Acad. Sci., 80:3676-3680 (1983); Heimark, et al., Science, 233:1078-1080 (1986); Sporn, et al., U.S. Patent No. 5,104,977; Derynck, et al., Nature, 316:701- \* \* \* (1985); Derynck, et al., U.S. Patent No. 4,886,747.

There are several molecular forms of TGF- $\beta$ , including those forms which are commonly referred to as TGF- $\beta$ 1 (Derynck, et al., Nature, 316:701- \* \* \* (1985)), TGF- $\beta$ 2 (deMartin, et al., EMBO J., 3:673- \* \* \* (1987); Madison, et al., DNA, 7:1-8 (1988)), TGF- $\beta$ 3 (Jakowlew, et al., Mol. Endocrin., 2:747-755 (1988); Ten Dijke, et al., Proc. Nat. Acad. Sci., 85:4715-4719 (1988); Derynck, et al., EMBO J., 7:3737- \* \* \* (1988)), TGF- $\beta$ 4 (Jakowlew, et al., Mol. Endocrin., 2:1186-1195 (1988), and TGF- $\beta$ 5 (Kondaiah, et al., J. Biol. Chem., 265:1089- \* \* \* (1990)).

It is an object of the invention to provide methods and pharmaceutical compositions for treating or preventing CNS injury or damage. The invention is based upon the inventors' successful research into the role and effects of TGF- $\beta$  in the CNS.

#### SUMMARY OF THE INVENTION

Accordingly, in a first aspect the invention consists in a method of treating neural damage suffered after a CNS insult characterized in that it comprises the step of increasing the active concentration(s) of TGF- $\beta$ 1 and/or analogues of TGF- $\beta$ 1 (such as other molecular forms of TGF- $\beta$ ) in the CNS of the patient. Preferably, the concentration of TGF- $\beta$ 1 in the CNS of the patient is increased.

The term "treat" when used herein refers to the effecting of a reduction in the severity of the CNS damage, by reducing infarction, and loss of glial cells, non-cholinergic neuronal cells, or other neuronal cells, suffered after a CNS insult. It encompasses the minimizing of such damage following a CNS insult.

Preferably, TGF- $\beta$ 1 and/or analogues thereof are administered to the patient directly. Alternatively, a compound may be administered which upon administration to the patient, increases

the active concentration of TGF- $\beta$ 1 or naturally occurring analogues of TGF- $\beta$ 1 in the CNS of the patient. For example, positively regulating binding proteins of TGF- $\beta$ 1, or naturally occurring analogues thereof may be administered.

Preferably, the pharmaceutical compositions described herein are administered in the period  
5 from the time of injury to 100 hours after the CNS insult and more preferably 0.5 to 8 hours after the CNS insult.

In one embodiment of the invention, said TGF- $\beta$ 1 and/or an analogue or analogues thereof is administered by lateral cerebro ventricular injection into the brain of a patient in the inclusive period from the time of the CNS insult to 8 hours thereafter.

10 In another embodiment, TGF- $\beta$ 1 and/or an analogue or analogues thereof is administered through a surgically inserted shunt into the cerebro ventricle of a patient in the inclusive period from the time of the CNS insult to 8 hours thereafter.

In yet another embodiment, TGF- $\beta$ 1 and/or an analogue or analogues thereof is administered peripherally into a patient for passage into the lateral ventricle of the brain in the inclusive period  
15 of from the time of the CNS insult to 8 hours thereafter.

Preferably, it is TGF- $\beta$ 1, itself, that is administered by way of lateral cerebro ventricle injection or by use of the surgically inserted shunt.

Preferably the pharmaceutical compositions are administered according to the pattern of injury or time lapsed after a CNS insult.

20 Preferably the dosage range administered is from about 0.0001 to 100  $\mu$ g of TGF- $\beta$ 1 or said analogue or said compound that elevates the concentration thereof per 100 grams of body weight.

TGF- $\beta$ 1 may be used alone or in conjunction with other therapeutic agents, including other growth factors designed to ameliorate against loss of CNS cells such as glia and non-cholinergic neurons.

25 By "prevent" is meant a reduction in the severity of CNS damage suffered after a CNS insult and may also include inhibition of the symptoms of CNS damage.

In yet a further aspect, the invention relates to the use of TGF- $\beta$ 1 and/or analogues thereof in the preparation of pharmaceutical compositions for treating CNS damage.

30 Additionally, the invention comprises the use of a compound which, upon administration to a patient, increases the active concentration of TGF- $\beta$ 1 and/or naturally occurring analogues thereof in the CNS of the patient in the preparation of pharmaceutical compositions for treating injury to the CNS.

The invention also provides pharmaceutical compositions suitable for treating CNS damage suffered after a CNS insult comprising TGF- $\beta$ 1, and/or analogues thereof optionally provided in a  
35 pharmaceutically acceptable carrier or diluent.

The pharmaceutical composition for treating CNS damage may also comprise a compound which, upon administration to the patient suffering CNS damage, increases the active concentration of IGF-1 and/or naturally occurring analogues thereof in the CNS of said patient.

#### BRIEF DESCRIPTION OF DRAWINGS

Figure 1 shows composite drawings, illustrating the distribution of TGF- $\beta$ 1 mRNA, following ischemic hypoxia for Example 1.

Figure 2 is a histogram illustrating the neuronal loss for TGF- $\beta$ 1 treated and control rats in Example 2.

Figure 3 is a histogram illustrating the neuronal loss for TGF- $\beta$ 1 treated and control rats in Example 3.

#### DESCRIPTION OF THE PREFERRED EMBODIMENTS

The invention relates to a method of treating CNS damage suffered after a neural insult. For example, the patient may have suffered perinatal asphyxia or cerebral asphyxia or ischemia associated with a stroke or other non-limiting examples of neural insults having been described earlier herein. In these instances, it is desirable to reduce or eliminate the symptoms of neural damage.

CNS damage may for example be measured by the degree of permanent neural deficit cognitive function, and/or propensity to seizure disorders.

It is desirable that the concentration of TGF- $\beta$ 1 and/or analogues thereof in the central nervous system and in the brain of the patient in particular should be increased in order to treat the neural damage. Accordingly, TGF- $\beta$ 1 and/or analogues thereof can be administered directly to the patient. By TGF- $\beta$ 1 is meant transforming growth factor beta-1. By "analogues" (or "biologically active analogues") of TGF- $\beta$ 1 is meant compounds which exert a similar biological effect to TGF- $\beta$ 1 and includes naturally occurring analogues (eg. TGF- $\beta$ 2, TGF- $\beta$ 3, TGF- $\beta$ 4, TGF- $\beta$ 5) or any of the known synthetic analogues of TGF- $\beta$ 1. These compounds can be derived from humans or other animals. TGF- $\beta$ 1 and analogues can be purified from natural sources or produced by recombinant DNA techniques.

Alternatively, compounds can be administered which, upon administration to the patient, increase the active concentration of TGF- $\beta$ 1 and/or naturally occurring analogues thereof in the central nervous system. By "active concentration" is meant the biological concentration of TGF- $\beta$ 1 and/or analogues in the central nervous system of the patient able to exert an effect on neural damage.

TGF- $\beta$ 1, its analogues, and compounds which elevate the active concentrations thereof can be administered centrally or systemically. Desirably the compositions are administered directly to the CNS of the patient and in particular to the region where the greatest damage has occurred. Accordingly, the compositions are administered directly into the brain or cerebrospinal fluid by techniques including lateral ventricular through a burrhole or anterior fontanelle, lumbar or cisternal puncture or the like. The compositions also are administered by intravenous, intra-cerebrospinal, intrathecal, or intrasynovial routes. In addition, they may be administered with other agents or growth factors, for example, insulin-like growth factor-1 (IGF-1).

For the prevention or treatment of CNS injury, the appropriate dosage of TGF- $\beta$ 1 or one of its analogues or a compound capable of elevating the physiological concentrations of TGF- $\beta$ 1, will depend on the type of injury to be treated, as defined above, the severity and course of the injury, whether such TGF- $\beta$ 1 compositions are administered for preventive or therapeutic purposes,

- 5 previous therapy, the patient's clinical history and response to the TGF- $\beta$ 1 compositions, and the discretion of the attending physician. The TGF- $\beta$ 1 compositions are suitably administered to the patient at one time or over a series of treatments.

The foregoing examples show that the expression of TGF- $\beta$ 1 after a neural insult follows a specified time course and occurs in specified areas of the body. Accordingly, the compositions should be administered according to the pattern of CNS damage and time lapsed  
10 subsequent to an insult so as to produce the most desirable results.

The compositions may for example be administered about 0.5 to 100 hours after an insult. Alternatively, the composition may be administered prior to a potential CNS insult (e.g. prior to cardiac bypass surgery) so as to prevent or reduce the degree of neural damage suffered after  
15 insult.

A suitable dosage range may for example be between about 0.0001 to 100  $\mu$ g of TGF- $\beta$ 1 and/or analogues or compounds that elevate the concentration thereof per 100gm of body weight where the composition is administered centrally.

The invention also provides pharmaceutical compositions for treating neural damage suffered  
20 after an insult. The pharmaceutical compositions comprise TGF- $\beta$ 1 and/or analogues thereof or a compound which elevates the concentration of TGF- $\beta$ 1 in the CNS. TGF- $\beta$ 1, its analogues, and compounds that elevate the concentration thereof can be manufactured by recombinant DNA techniques such as those described in U.S. Patent No. 4,886,747. Alternatively, such substances can be isolated from natural sources. Optionally, such pharmaceutical compositions are provided in  
25 a pharmaceutically acceptable carrier or diluent that are inherently nontoxic and nontherapeutic. Examples of such carriers include ion exchangers, alumina, aluminum stearate, lecithin, serum proteins, such as human serum albumin, buffer substances such as phosphates, glycine, sorbic acid, potassium sorbate, partial glyceride mixtures of saturated vegetable fatty acids, water, salts, or electrolytes such as protamine sulfate, disodium hydrogen phosphate, polysaccharides such as  
30 cellulose or methylcellulose, potassium hydrogen phosphate, sodium chloride, zinc salts, colloidal silica, magnesium trisilicate, polyvinyl pyrrolidone, and polyethylene glycol. Suitable diluents include sterile aqueous solutions comprising one or more of such carriers. TGF- $\beta$ 1 is typically formulated at an acidic pH at which it is biologically active

The invention is supported by the following experimental data. In the studies described in  
35 the following Examples, it was found that:

- 1) TGF- $\beta$ 1 mRNA is expressed after a neural insult over a defined time course in specific regions of injury and TGF- $\beta$ 1 itself can be detected by immunocytochemistry.
- 2) Alterations in central nervous system levels of TGF- $\beta$ 1 can alter neural outcome



resulting as a consequence of a standardized neural insult.

3) Lower doses of TGF- $\beta$ 1 improve its efficacy in treating neural damage.

These Examples, however, are offered by way of illustration only, and are not intended to limit the invention in any manner. All patent and literature references cited throughout the specification are

5 expressly incorporated.

#### EXAMPLE 1

The objective of this study was to study the expression of TGF- $\beta$ 1 in the central nervous system after a neural insult.

10 Twenty one day old rats were subjected to unilateral carotid ligation followed by inhalational asphyxia under defined conditions to produce either mild or severe neuronal loss on the ligated side.

Mild or severe neuronal loss was induced in 21 day rates as follows: The right carotid artery was ligated under light halothane anaesthesia. They were then placed in an incubator at 34°C and 85% humidity. The inspired gases were replaced by 8% O<sub>2</sub> in nitrogen for 15 minutes (mild) or 90 minutes (severe) then returned to air. At various times after hypoxia (1 hour, 5 hours, 3 and 5 days) the animals were anaesthetized with pentobarbitone (Nembutal), the brains removed and snap frozen on dry ice for in situ hybridization. For histology, rats were sacrificed 5 days after hypoxia and then perfused with 0.9% saline followed by formaldehyde-acetic acid-methanol (1:1:8).

20 At defined times after the asphyxia the rats were sacrificed for histology. After 90 minutes asphyxia (severe) neuronal loss was assessed by thionine/acid fuchsin stain was widespread within the ligated cortex. There was severe loss of neurons in the middle cerebral artery territory, including the lateral cortex, hippocampus, striatum and thalamus. In situ hybridization histochemistry was performed using a TGF- $\beta$ 1 cDNA probe comprising nearly the entire coding sequence of TGF- $\beta$ 1, provided by Dr. R. Derynck. Hybridization histochemistry was performed essentially as described in McCabe, et al., *J. Histochem. Cytochem.*, 34:45-50 (1986) and in Smith, et al., *Ann. Neuropathol.*, 64:319-332 (1984).

30 After hybridization, the sections were washed 4 times in 2xSSC plus 10mM  $\beta$ -mercaptoethanol at room temperature for 10 minutes each, 4 times in 2xSSC at room temperature for 10 minutes each, twice in 2xSSC at 50°C for 10 minutes each.

Controls were performed using RNAase A (40 $\mu$ g/ml 0.5M NaCl / 20mM Tris, pH 7.5 / 1mM EDTA at 37°C). RNAase pretreatment almost entirely depressed the signal Northern blots on each probe revealed the anticipated major band at 2.5kb.

35 The resulting signal for TGF- $\beta$ 1 mRNA as measured by in situ hybridization showed an induction of the TGF- $\beta$ 1 mRNA restricted to the areas of neuronal damage. Following mild asphyxia (15 minutes), induction of TGF- $\beta$ 1 mRNA was observed in the ligated brain in layer 3 of the cerebral cortex, the dentate gyrus, CA1 and CA 2 regions of the pyramidal layer of the hippocampus.

Following severe asphyxia (90 minutes), TGF- $\beta$ 1 mRNA was detectable by one hour post insult in the hippocampal dentate gyrus, CA 1 and CA 2 regions, and choroid plexus. By 5 hours it was detectable in the cortex and striatum on the ligated side. By 72 hours marked expression was observed throughout the whole cerebral and puriform cortex, striatum, thalamus and hippocampus of the ligated side but no expression was observed on the non-ligated side in which no neuronal death was observed (Figure 1).

The specificity of the induction was demonstrated by predominately unilateral expression on the ligated side, lesser induction in animals subjected to a lesser insult and by negative controls using RNAase A. The probe was also used to hybridize a Northern blot of rat liver poly(A) RNA samples. The bands after hybridization to the TGF- $\beta$ 1 probe are in agreement with the data reported in the literature.

Immunohistochemistry was performed using anti-h rabbit TGF- $\beta$ 1 polyclonal anti-serum. Cells staining for TGF- $\beta$ 1 could be identified in the damaged region of the ligated hemisphere. This staining was seen in cells with macrophage-like appearance.

The data suggests that following an hypoxic ischemic insult, TGF- $\beta$ 1 is induced in macrophages, particularly in the area of damage.

## EXAMPLE 2

The objective of this study was to assess the effect of administering TGF- $\beta$ 1 after a neural insult.

Adult rats (250-350 grams) were used. The experiment involved treating the rats with TGF- $\beta$ 1 after a neural insult. These rats had an hypoxic-ischemic insult to one cerebral hemisphere induced in a standard manner. One carotid artery was ligated and the animal was subjected two hours later to a defined period of inhalational hypoxia. The degree, length of hypoxia, ambient temperature and humidity were defined to standardize the degree of damage. The conditions were inhaled oxygen (6%), 10 minutes of hypoxia at ambient temperature of 31° and 85% humidity. The animals were maintained in an incubator for one hour then returned to their standard cages. They were sacrificed five days later for histological analysis using stains (acid-fuchsin) specific for necrotic neurons.

In such experiments typical neuronal death is restricted to the side of the side of arterial ligation and is primarily in the hippocampus, dentate gyrus and lateral cortex of the ligated hemisphere.

Unilateral hypoxic-ischemic injury was induced in adult (300 $\pm$ 10g) male Wistar rats. The rats underwent unilateral carotid ligation under light halothane anaesthesia. Following one hour recovery they were placed in an incubator at 31°C and 85 $\pm$ 5% humidity for one hour before insult. They were subject to 10 minutes inhalational asphyxia (FiO2 6.0%) and maintained in the incubator for one hour after asphyxia. Two hours after the termination of the inhalational insult, a single

stereotactically controlled lateral cerebroventricular injection of either 0.05 µg recombinant TGF-B1 or artificial cerebrospinal fluid (CSF) was given.

Recombinant TGF-B1 or diluent was prepared and administered to weight-matched pairs as follows: Two hours after asphyxia the rats were given a light halothane anaesthetic, and a single  
5 ICV injection of either 20 µl of CSF (n=6) or 20 µl of CSF plus 0.05 µg TGF-B1 (n=6) was given. Recombinant TGF-B1 (Genentech, Inc., South San Francisco, California 94080 USA) was dissolved in the CSF diluent at 2.5 µg/ml. This solution was diluted 9 times with 0.15M PBS (phosphate buffered saline) giving a pH of 7.0.

The animals were then maintained for 120 hours, anaesthetized and the brains fixed in situ  
10 with formaldehyde-acetic acid-methanol (1:1:8) for histological assessment.

Surviving and dead neurons were discriminate with the use of an thionin/acid fuchsin staining technique. Williams, et al., Ped. Res., 27:561-565 (1990); Brown, et al., J. Neurol. Sci., 16:59-84 (1971).

The degree of neural damage suffered was quantified by measuring the neuronal loss score.  
15 The neuronal loss scores are the average from the susceptible regions of the hippocampus and cerebral cortex (100% equals total loss of neurons, 0% equals 0 loss).

The percentage of dead neurons was estimated by two independent observers, one of whom was blinded to the experiment. The correlation between scores obtained by the two observers was  $r=0.92$   $p<0.0001$ . The effect of treatment was evaluated with MANOVA followed by pair  
20 wise comparisons of each region using Fisher's least-significant-difference procedure.

The results are shown in Figure 2. TGF-B1 therapy reduced the extent of neuronal death in the ligated hemisphere compared to the CSF-treated controls ( $p<0.01$ ). A single central injection of TGF-B1 following an asphyxial insult in the adult rat was associated with a marked improvement in outcome as assessed histologically (See Table 1).

25 **Table 1:** Effect of TGF-B1 treatment on percent neuronal loss following hypoxic-ischemic injury (6 groups; mean  $\pm$  sem).

Region (0.05 µg)	% Neuronal loss upon treatment with	
	CSF (control)	TGF-B1
30 Hippocampal CA1-2	98.4 $\pm$ 4	7.6 $\pm$ 5
Hippocampal CA3	100.0	4.0 $\pm$ 4
Hippocampal CA4	100.00	0.0
Dentate gyrus	97.2 $\pm$ 3	0.0
Pyramidal cortex	93.2 $\pm$ 7	0.0
35 Lateral cortex	98.0 $\pm$ 2	5.0 $\pm$ 5

### EXAMPLE 3

The objective of this study was to confirm the observations of Example 2 and establish the most effective dosage range.

The experiment was the same to that of Example 2 except that two further groups were treated with higher doses of TGF- $\beta$ 1.

Hypoxic-ischemic insult was induced in rats as discussed for Example 2. Rats (n=6 for each treatment) were administered either CSF, CSF+0.05 $\mu$ g TGF- $\beta$ 1, CSF + 0.5 $\mu$ g TGF- $\beta$ 1 or CSF + 5 $\mu$ g TGF- $\beta$ 1 two hours after the inhalational insult. Rats (n=1) from each treatment were treated simultaneously. The same techniques for measuring the degree of insult at those discussed for Example 2 were employed.

The results are shown in Figure 3. As can be seen, 5 $\mu$ g TGF- $\beta$ 1 had no significant effect on neuronal loss. On the other hand, 0.5 $\mu$ g TGF- $\beta$ 1 reduced ( $p < 0.05$ ) neuronal loss in the cerebral cortex but 0.05 $\mu$ g TGF- $\beta$ 1 was significantly ( $p < 0.05$ ) more effective. Similar effects were seen in other neuronal areas. Further experiments have shown that dosages in the range of about 0.01 $\mu$ g to 0.05 $\mu$ g are most effective.

### DISCUSSION

The results of the experiments described above were statistically highly significant. In Examples 2 and 3, where TGF- $\beta$ 1 was given post-asphyxia, TGF- $\beta$ 1 therapy at doses less than 0.5 $\mu$ g/rat or lower markedly improved outcome compared to CSF treated controls. We therefore conclude that therapeutic elevation of TGF- $\beta$ 1 in the cerebral spinal fluid either directly or indirectly after an insult is advantageous to outcome. The results in Example 3 further show that the greatest efficacy is seen at low doses of TGF- $\beta$ 1.

The present invention, therefore, recognizes the role of an administration of TGF- $\beta$ 1 and/or other compounds of similar effect into a patient prior to, simultaneous with, or following a CNS insult with the consequential result that CNS damage is minimized by preventing the otherwise consequential damage that otherwise would occur following the injury. The invention provides methods and pharmaceutical compositions for treating or for preventing neural damage. Neural damage may be associated with asphyxia, hypoxia, toxins, ischemia or trauma. Although it will be appreciated that the main application of the invention is to humans, the usefulness of the invention is not limited thereto and treatment of non-human animals (especially mammals) is also within the scope of the invention.

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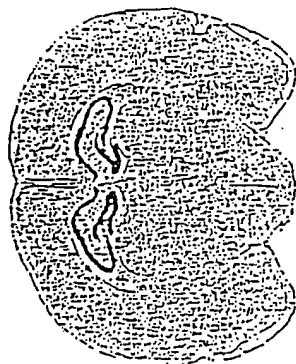
CLAIMS

What is claimed is:

1. A method of treating central nervous system injury in a mammal, comprising administering to the central nervous system of said mammal an effective amount of TGF- $\beta$ 1 or a biologically  
5 active analogue of TGF- $\beta$ 1.
2. A method of claim 1 wherein the central nervous system injury is hypoxic injury.
3. A method of claim 1 wherein the central nervous system injury is ischemic injury.
4. A method of claim 1 wherein the central nervous system injury is traumatic injury.
5. A method of claim 1 wherein the central nervous system injury affects non-cholinergic  
10 neuronal cells.
6. A method of claim 1 wherein the central nervous system injury affects glial cells.
7. A method of claim 1 wherein the central nervous system injury is a consequence of Parkinson's disease.
8. A method of claim 1 wherein the central nervous system injury is a consequence of multiple  
15 sclerosis.
9. A method of claim 1 wherein the central nervous system injury is a consequence of a demyelinating disorder.
10. A method of claim 1 wherein the TGF- $\beta$ 1 or biologically active analogue of TGF- $\beta$ 1 is administered in the period from the time of the central nervous system injury to 100 hours after  
20 the injury.
11. A method of claim 1 wherein the TGF- $\beta$ 1 or biologically active analogue of TGF- $\beta$ 1 is administered at least once in the period from the time of the central nervous system injury to about 8 hours subsequently.
12. A method of claim 1 wherein the TGF- $\beta$ 1 or biologically active analogue of TGF- $\beta$ 1 is  
25 administered to the mammal in an amount from about 0.0001 to 100 $\mu$ g of TGF- $\beta$ 1 per 100gm of body weight of the mammal.
13. A method of claim 1 wherein the biologically active analogue of TGF- $\beta$ 1 is selected from the group consisting of TGF- $\beta$ 2, TGF- $\beta$ 1,2, TGF- $\beta$ 3, TGF- $\beta$ 2,3, TGF- $\beta$ 4, and TGF- $\beta$ 5.
14. A method of claim 1 wherein the TGF- $\beta$ 1 or biologically active analogue of IGF-1 is  
30 administered to the mammal through a surgically inserted shunt into the cerebro ventricle of the mammal.
15. A method of claim 1 wherein the TGF- $\beta$ 1 or biologically active analogue of TGF- $\beta$ 1 is administered peripherally into the mammal for passage into the lateral ventricle of the brain.

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FIG.1a



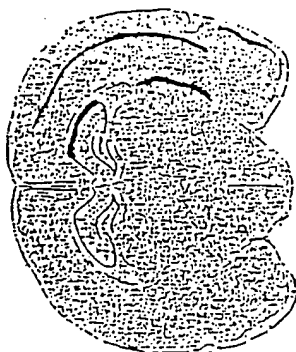
Control (n=5)

FIG.1b



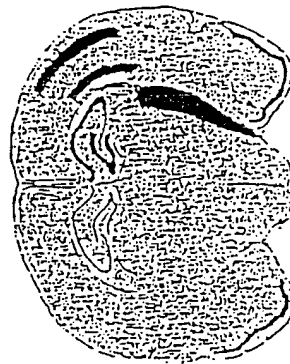
72 (n=4)  
hrs after 15 min hypoxia-ischemia  
(moderate model)

FIG.1c



120 (n=4)

FIG.1d



5 (n=2)  
hrs after 90 min hypoxia-ischemia (severe model)

FIG.1e



72 (n=2)  
hrs after 90 min hypoxia-ischemia (severe model)

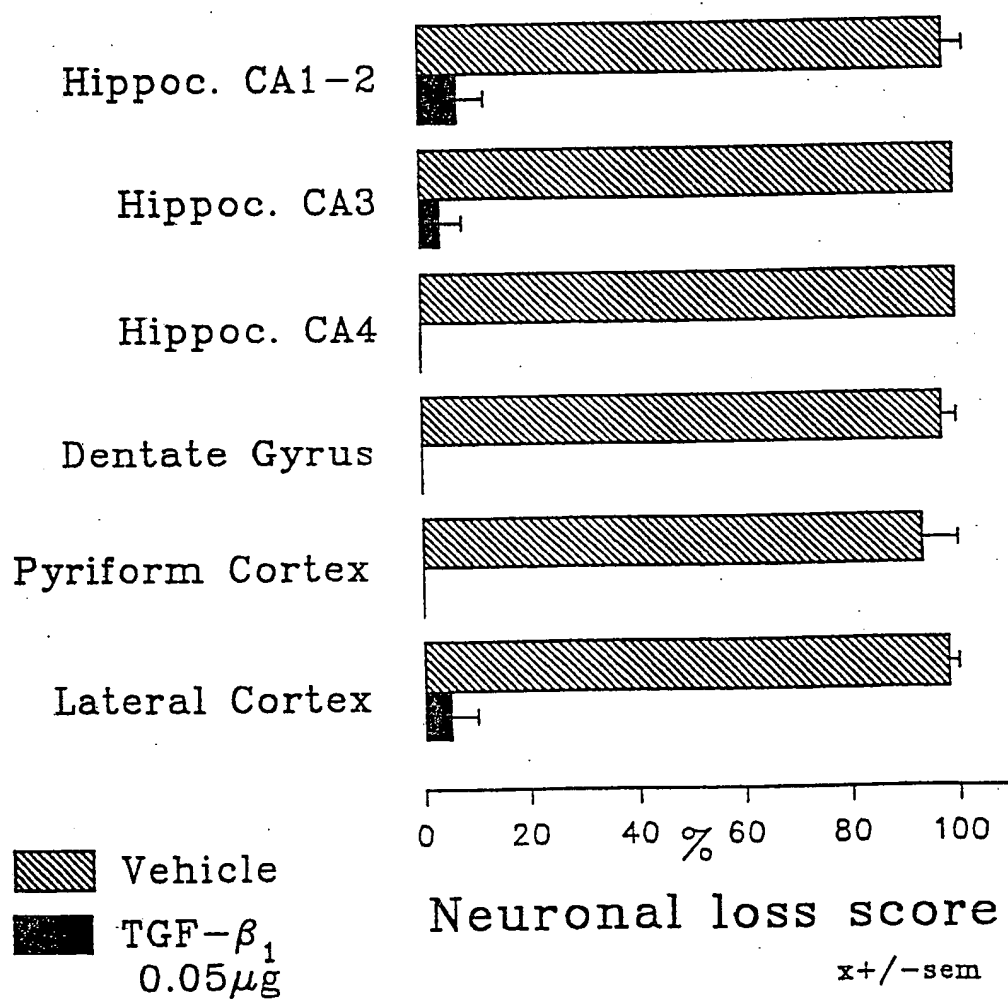
FIG.1f



120 (n=2)

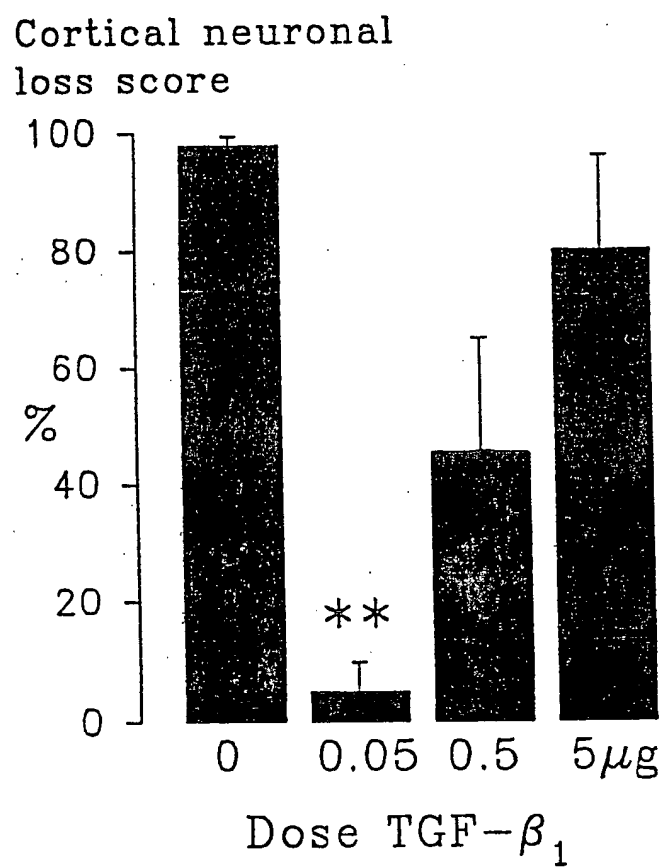
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FIG.2



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FIG.3



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